

RE – Year 5 Being Temperate, Self – Disciplined and Seeking Contentment

We follow the Birmingham Agreed Syllabus which has been created by SACRE for all schools in Birmingham.



Religions that we are learning from:

Humanism

For Humanists, it is important to accept personal responsibility for your own actions. You should not try and get away with something even if you were not seen. Humanists believe we should reason and think clearly about our actions. Empathy is also something Humanists take into account.

Christianity

Christians follow the teachings of Jesus who encouraged his followers to 'turn the other cheek.' This does not mean supporting unkind things, but rather not seeking retaliation when you are wronged.

Bahai

Bahai's are taught to restrain themselves in their criticism of others. They are taught to focus on the positive and avoid the negative. It is thought that otherwise it would have a negative impact on the heart and soul. This stems from the belief that everyone is on a spiritual journey and as such not people are not perfect.

Key questions to discuss at home:

- What influences your behaviour?
- Would you behave differently if you knew no one would know your actions?
- How can I become more self – disciplined?

Key Vocabulary:

Behaviour – the way in which people act or conduct themselves, especially towards others

Empathy – the ability to understand and share the feelings of another

Self – discipline - the ability to control your feelings and overcome your weaknesses.