World's End Junior School Knowledge Organiser Year 6 - Dance

In this dance unit, we will create and perform dances using a range of stimuli and dance techniques with accuracy and consistency. We will improvise freely and to music and be able to adapt a dance routine to respond to a change in tempo.

Canon



Movement



Movement

- To respond to the music, creating a range of controlled movements.
- To use techniques with increasing accuracy.
- To transition between dance motifs smoothly.

Leadership

- I can lead larger group activity.
- II can accept other peoples opinions.
- I can manage the space around me effectively.

Tactics and Strategies • Use strategies to remember different dance motifs and

 To adapt and change dance motifs in a group situation.

techniques.

Physical Education Knowledge Categories

Healthy lifestye

 At least 30 minutes of continuous movement to increase cardiovascular strength.



<u>Vocabulary</u>

Motif, movement, isolation, dynamic, tempo, rondo, shadowing, rhythm.

Personal and Social

- Work with a partner or group to create a sequence of movements.
- Use constructive feedback to improve my performance and others.

Vocabulary explained

Tempo: The speed of the music.

Dynamics: Varying levels of volume in a piece of music.

Motif: A finished sequence of dance moves.

Movement: Using your body in different ways in time to the

music.

Canon: To take it in turns to complete the same dance move.

Unison: Two or more people doing the same range of moves

at the same time.

Sequence: More than one dance move set in a particular

order.

Rhythm: Moving in time to the music.

Isolation: To move one part of the body while the rest is still.

Shadowing: Standing one behind the other and performing

the same moves.

Rondo: A motif with alternating and repeating sections.

Count: Equal beats usually paired with music – can be 4,8,16

or 32 in length.

Different styles of dance

Ballet – A highly technical and famous performance dance with precise moves.

Contemporary - An expressive style that combines elements of d=several dance styles.

Street – Informal style of dance involving a variety of athletic moves.



