

# World's End Junior School Knowledge Organiser

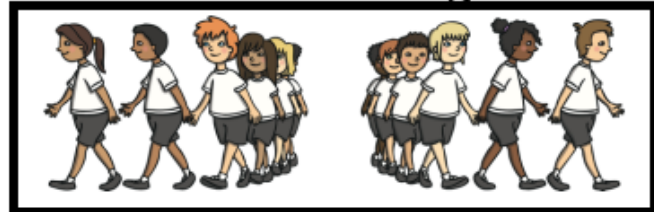
## Year 3 - Dance

In this dance unit, we will listen to the mood of music and develop our own rhythm and movements in accordance with the flow of the music. We will work on linking dance moves and dancing at different speeds.

**Unison**



**Mirroring**



### Movement

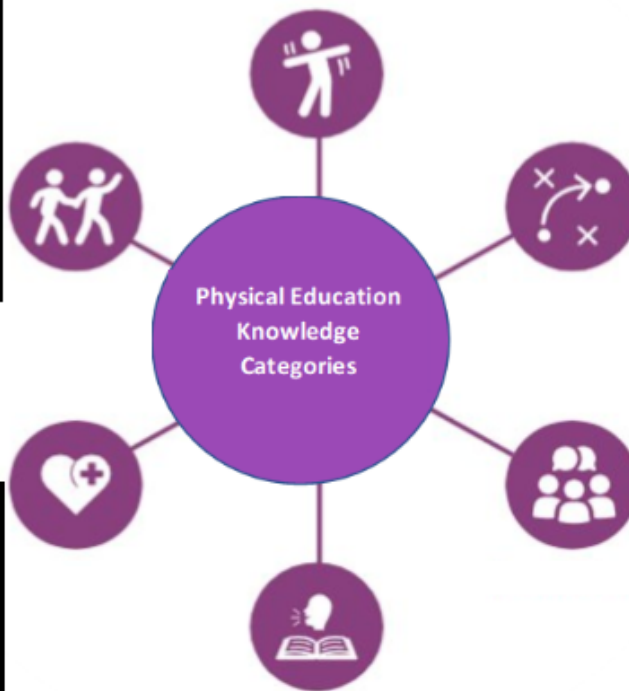
- Perform imaginative movements to fit with different stimuli.
- Link and combine movements to tell a narrative.
- To create a dance motif.
- To work in unison with a partner.

### Leadership

- I can sometimes lead a small group activity.
- I can sometimes act independently.
- I can manage the space around me.

### Tactics and Strategies

- Use strategies to transition between movements.
- Use strategies to perform in unison.



### Healthy lifestyle

- At least 30 minutes of continuous movement to increase cardiovascular strength.

### Personal and Social

- Work with a partner to create a sequence of movements.
- Use constructive feedback to improve my performance.

### Vocabulary

Motif, movement, performance, narrative, unison, sequence, rhythm.

## Vocabulary explained

**Motif:** A finished sequence of dance moves.

**Movement:** Using your body in different ways in time to the music.

**Narrative:** Telling a story through movement.

**Unison:** Two or more people doing the same range of moves at the same time.

**Sequence:** More than one dance move set in a particular order.

**Rhythm:** Moving in time to the music.

**Mirroring:** Doing the exact opposite of your partner at the same time.

**Travel:** Moving from point A to point B using a repeated movement.

**Count:** Equal beats usually paired with music – can be 4,8,16 or 32 in length.

## Different styles of dance

**Ballet** – A highly technical and famous performance dance with precise moves.

**Contemporary** - An expressive style that combines elements of several dance styles.

**Street** – Informal style of dance involving a variety of athletic moves.

