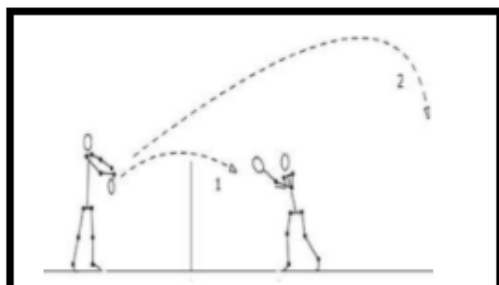


## World's End Junior School Knowledge Organiser

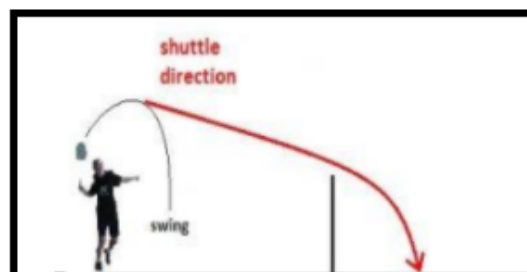
### Year 3 - Net and Wall (Badminton)

In this unit, the focus is on badminton. Children will learn how to send the ball using different shots. Children will take part in mini games and create their own games based on the rules of badminton.

Serve



Drop shot



#### Movement

- I can hold the racket correctly.
- Learn the skills of the slam and drop shot.
- I can serve the shuttlecock.

#### Leadership

- I can sometimes take the lead in a group activity.
- I will try to give constructive feedback.

#### Tactics and Strategies

- I am beginning to send the shuttlecock to different parts of the court.
- I can use different shots to help win the game.

#### Healthy lifestyle

- At least 30 minutes of continuous movement to increase cardiovascular strength.

#### Personal and Social

- I can work with a partner to practice skills.
- I can accept feedback from my teacher.

#### Physical Education Knowledge Categories

#### Vocabulary

Rally, serve, court, drop shot, forehand, slam, backhand, shuttlecock.

## **Vocabulary explained**

**Backhand:** a stroke in which the shuttlecock is struck on the opposite side of the body to the racket hand

**Drop Shot:** a shot that just clears the net and then drops sharply

**Forehand:** a shot hit from the racket-arm side of the body

**Grip:** how to hold the racket in badminton

**Net:** the woven barrier dividing a court into halves, over which the shuttlecock must be hit

**Rally:** a long series of shots

**Return:** to hit a shot back to the opponent

**Umpire:** the official who is in overall charge of a match

**Serve:** the shot that begins each point, in which the server hits the shuttlecock after tossing it into the air. The serve must go diagonally across the court and bounce in the serving box.

## **Professional Badminton**

### **Peter Høeg Gade**

Peter Høeg Gade (right) was born in 1976 in Denmark. He is one of the most successful badminton players of recent times, leading the world rankings from 1998 to 2001. He won the All England Open Badminton Championships singles title in 1999 as well as four European Championship crowns in the men's singles event and sixteen Grand-Prix titles. In 2006, at the age of thirty, he regained the top spot in the world rankings after winning the Singapore Open. Gade is well known for his tactical brilliance, his movement around the court and his ability to disguise his shots.

