

Progression in dance (years 3 – 6)

YEAR 3	YEAR 4	YEAR 5	YEAR 6
I can create and perform imaginative movements to fit with different stimuli.	I can move in unison and in canon with a partner.	I can remember, practise and combine complex dance sequences.	I can respond to stimuli, improvising freely using a range of controlled movements.
I can link and combine movements to tell a narrative based on an image.	I can listen carefully to identify different sections of music.	I can explain what the term unison means.	I can demonstrate 3 dance techniques within my performance.
I can develop new actions whilst working in a small group.	I can improvise actions in response to music.	I can create movement patterns similar to a known dance.	I can perform a variety of dance techniques with accuracy and consistency.
I can include an interesting jumping movement in my dance motif.	I can show control and precision in my actions.	I can perform movements in canon and unison.	I can name and use a number of dance techniques in my performance.
I can include an interesting turning movement in my dance motif.	I can identify the tempo and the dynamics of different sections of music.	I can use repetition in a dance sequence	I can adapt and change my performance to represent a selected electrical component.
I can include movements performed at different speeds in my dance motif	I can match the dynamics of my actions to the music.	I can create a dance with a clear beginning and end.	I can work with a group to create appropriate dance movements to fit with musical stimuli.
I can show awareness of others when moving.	I can work in a group to compose a dance sequence in response to music.	I can design and perform movements to tell a story.	I can explain what is meant by the term stimuli.
I can describe what makes a good dance motif.	I can identify the rhythm of a piece of music.	I can link movements together.	I can represent objects and actions through a dance sequence.
I can use my body to create movements linked to different emotions.	I can use a range of dance vocabulary to describe and improve my dance sequence.	I can use different techniques such as: unison, canon, repetition and dynamics.	I can suggest and make improvements to my group's dance sequence, based on peer feedback.
I can evaluate my own performance and suggest ways to improve it.	I can evaluate my own performance and suggest ways to improve it.	I can suggest and make improvements to my dance sequence.	I can transition from one dance motif to another to complete a dance sequence.