

World's End Junior School Knowledge Organiser: Year 5 – Dance

In this dance unit, we will explore dances from other cultures, listen to music and develop our own rhythm in accordance to the flow. We will create dance routines to tell a story with a clear beginning and end, using a range of dance techniques.

Key objectives:

I can remember, practice and combine complex dance sequences.
I can explain what the term unison means.
I can create movement patterns similar to a known dance routine.
I can perform movements in canon and unison with increasing accuracy.
I can use repetition in a dance sequence.
I can create a dance with a clear beginning and end.
I can design and perform movements to tell a story.
I can link movements together.
I can use different techniques such as repetition, isolation, rondo and shadowing.
I can suggest and make improvements to my dance sequence.

Key Questions:

1. What vocabulary do you remember from last year?
2. Can you demonstrate them in your groups?
3. How can you join different types of movements together in a sequence?
4. Can you explain how dance can tell a narrative (story)? Try and use dance vocabulary to explain.
5. How will your dance tell a story with a clear beginning and end?

Key Vocabulary:

Canon
Unison
Sequence
Repetition
Dynamics
Shadowing
Tempo
Rondo
Non-locomotor movements
Isolation

Health for life:

At least 30 minutes of continuous movement to increase cardiovascular strength.

Strands included in this unit:

Spirituality
Our place in the world and our impact on it
Creativity
Cultural and cultural capital
Health for life and well-being