



## Memory Bank: Saying more about our feelings.



### Adjective Bank with “I am ....”

Remember there are two different spellings for lots of these adjectives, when you use them with “je suis...” (I am ...). It depends if the person whose feelings are being described is male or female.

*Je suis – I am .....*

*heureux/heureuse – happy*

*triste- sad*

*perdu/perdue- confused*

*fatigué/ fatiguée*

*en plein forme- feeling great*

### Adjective Bank with “j’ai....” and “je fais...”

Remember that in French we do not always use “I am... (je suis) to explain how we are feeling, we also use “j’ai” and “je fais”. Take a look here.

*Je fais le fou- I am feeling silly*

*J’ai faim- I am hungry*

*J’ai soif – I am thirsty*

*J’ai chaud/ chaude- I feel hot*

*J’ai froid/ froide- I feel cold*

### Sound spelling

“iste” -triste

“ein” -plein

“suis” – je suis

### Grammar Bank

To describe feelings in French, we need to make sure that the adjective used matches the person. The spelling can change for a male or a female person. Watch out!