

## World's End Junior School Knowledge Organiser: Year 3 – Dance

In this dance unit, we will listen to the mood of music and develop our own rhythm and movements in accordance with the flow of the music. We will work on linking dance moves and dancing at different speeds.

### **Key objectives:**

I can create and perform imaginative movements to fit with different stimuli.  
I can link and combine movements to tell a narrative based on an image.  
I can develop new actions whilst working in a small group.  
I can include an interesting jumping motion in my dance motif.  
I can include an interesting turning movement in my dance motif.  
I can include movements performed at different speeds in my dance motif.  
I can show awareness of others when moving.  
I can describe what makes a good dance motif.  
I can use my body to create different movements linked to different emotions.  
I can evaluate my own performance and suggest ways to improve.

### **Key Questions:**

1. What is a dance motif? (A movement pattern that starts to communicate a theme)
2. How can dance tell a narrative (story)?
3. Why do you think a dance would need to have a range of speeds within it?
4. How can you use your body to show an emotion?
5. How can you ensure you are performing the same movements at the same time as your group?

### **Key Vocabulary:**

**Motif**  
Movement  
Performance  
Imagination  
Narrative  
Orientation  
Unison  
Sequence  
Rhythm

### **Health for life:**

At least 30 minutes of continuous movement to increase cardiovascular strength.

### **Strands included in this unit:**

Spirituality  
Our place in the world and our impact on it  
Creativity  
Cultural and cultural capital  
Health for life and well-being